**Supplementary material 4:** Methodological assessment of quantitative studies, based on modified 12-item score by Harden et al (14). Each item was scored as absent (0) or present (1). The studies were characterized as high quality if they had total score ≥10, medium quality for scores ≥7 and <10 and low quality for scores <7.

**Criteria used to assess the quality of qualitative studies**

**Quality of reporting**

1. Were the aims and objectives clearly reported?
2. Was there an adequate description of the context in which the research was carried out?
3. Was there an adequate description of the sample and the methods by which the sample was identified and recruited?
4. Was there an adequate description of the methods used to collect data?
5. Was there an adequate description of the methods used to analyse data?

**Use of strategies to increase reliability and validity**

6. Were there attempts to establish the reliability of the data collection tools (for example, by use of interview topic guides)?
7. Were there attempts to establish the validity of the data collection tools (for example, with pilot interviews)?
8. Were there attempts to establish the reliability of the data analysis methods (for example, by use of independent coders)?
9. Were there attempts to establish the validity of data analysis methods (for example, by searching for negative cases)?

**Extent to which study findings reflected relevant stakeholders’ perspectives and experiences**

10. Did the study use appropriate data collection methods for helping people to express their views?
11. Did the study use appropriate methods for ensuring the data analysis was grounded in the views of relevant stakeholders?
12. Did the study actively involve relevant stakeholders in its design and conduct?