

Supplementary tables

Supplementary table 1: Mothers with RA (n, %) reporting difficulty in performing tasks involving children (0-5 years) at 6 weeks post-partum (n=116)

	None	Having at least some difficulty	Some	A lot	Unable	Does not apply	Did less*
Dressing child	62 (53.4)	53 (45.7)	48 (41.4)	5 (4.3)	0	1 (0.9)	18 (15.5)
Taking care of child's hygiene	54 (46.6)	61 (52.6)	50 (43.1)	10 (8.6)	1 (0.9)	1 (0.9)	34 (29.3)
Feeding child	55 (47.4)	61 (52.6)	54 (46.6)	7 (6.0)	0	0	12 (10.3)
Picking up or carrying child	46 (39.7)	70 (60.4)	51 (44.0)	18 (15.5)	1 (0.9)	0	33(28.5)
Taking care of child while out of the house	50 (43.1)	60 (51.7)	51 (44.0)	9 (7.8)	0	6 (5.2)	23 (19.8)
Taking child out in the car	44 (37.9)	65 (56.0)	42 (36.2)	21 (18.1)	2 (1.7)	7 (6.0)	30 (25.9)
Getting up and down to the floor to play with child	35 (30.2)	56 (48.3)	33 (28.5)	16 (13.8)	7 (6.0)	25 (21.6)	34 (29.3)
Keeping child out of unsafe situations	53 (45.7)	19 (16.4)	16 (13.8)	3 (2.6)	0	44 (37.9)	6 (5.2)
Getting up with child	58 (50.0)	48 (41.4)	43 (37.1)	15 (12.9)	0	0	20 (17.2)
Playing games or doing other indoor activities with your child	59 (50.9)	38 (32.8)	37 (31.9)	1 (0.9)	0	19 (16.4)	18 (15.5)
Going for walks with your child	64 (55.2)	50 (43.1)	42 (36.2)	8 (6.9)	0	2 (1.7)	27 (23.3)
Playing with child outdoors	33 (28.5)	28 (24.1)	24 (20.7)	4 (3.5)	0	55 (47.4)	17 (14.7)
Having other children in your home	41 (35.3)	23 (19.8)	22 (19.0)	1 (0.9)	0	52 (44.8)	9 (7.8)
Taking child to social events or recreational activities	47 (40.5)	28 (24.1)	24 (20.7)	4 (3.5)	0	41 (35.5)	13 (11.2)
Taking care of child s/he is sick	74 (63.8)	13 (11.2)	12 (10.3)	1 (0.9)	0	29 (25.0)	1 (0.9)
Maintaining discipline with child	50 (43.1)	20 (17.2)	18 (15.5)	2 (1.7)	0	46 (39.7)	5 (4.3)
Holding your child in your lap	80 (69.0)	36 (31.0)	35 (30.2)	1 (0.9)	0	0	8 (6.9)
Having energy to be patient with your child	70 (60.4)	39 (33.6)	36 (31.0)	3 (2.6)	0	7 (6.0)	12 (10.4)
Having the energy to be available to listen and talk with your child	60 (51.7)	14 (12.1)	13 (11.2)	1 (0.9)	0	42 (36.2)	8 (6.9)
Keeping, or helping to keep, your child's room and belongings in order	74 (63.8)	39 (33.6)	34 (29.3)	5 (4.3)	0	3 (2.6)	19 (16.4)
Doing household chores or shopping	45 (38.8)	68 (58.6)	44 (37.9)	22 (19.0)	2 (1.7)	3 (2.6)	47 (40.5)
Using a stroller	71 (61.2)	42 (36.2)	37 (31.9)	5 (4.3)	0	3 (2.6)	20 (17.2)
Using a car seat	52 (44.8)	54 (46.6)	39 (33.6)	15 (12.9)	0	10 (8.6)	22 (19.0)
Opening safety latches or locks	62 (53.5)	52 (44.8)	38 (32.8)	14 (12.1)	0	2 (1.7)	16 (13.8)
Opening medicine or childproof containers	59 (50.9)	49 (42.2)	35 (30.2)	13 (11.2)	1 (0.9)	8 (6.9)	19 (16.4)

* Did do task less for reasons which are related to arthritis

Supplementary table 2: Mothers with RA (n, %) reporting difficulty in performing tasks involving children (0-5 years) at 12 weeks post-partum (n = 123).

	None	Having at least some difficulty	Some	A lot	Unable	Does not apply	Did less*
Dressing child	70 (56.9)	53 (43.1)	47 (38.2)	6 (4.9)	0	0	21 (17.0)
Taking care of child's hygiene	56 (45.5)	67 (54.5)	51 (41.4)	16 (13.0)	0	0	35 (28.5)
Feeding child	68 (55.3)	55 (44.7)	45 (36.6)	10 (8.1)	0	0	13 (10.6)
Picking up or carrying child	36 (29.3)	87 (70.7)	69 (56.1)	18 (14.6)	0	0	42 (34.2)
Taking care of child while out of the house	64 (52.0)	57 (37.4)	49 (39.8)	8 (6.5)	0	2 (1.6)	17 (13.8)
Taking child out in the car	48 (39.0)	71 (57.7)	47 (38.2)	23 (18.7)	1 (0.8)	4 (3.3)	28 (22.8)
Getting up and down to the floor to play with child	32 (26.0)	76 (61.8)	48 (39.0)	23 (18.7)	5 (4.1)	15 (12.2)	44 (35.8)
Keeping child out of unsafe situations	50 (40.7)	25 (20.3)	24 (19.5)	1 (0.8)	0	48 (39.0)	5 (4.1)
Getting up with child	55 (44.7)	68 (55.3)	54 (43.9)	14 (11.4)	0	0	22 (17.9)
Playing games or doing other indoor activities with your child	67 (54.5)	41 (33.3)	38 (30.9)	3 (2.4)	0	15 (12.2)	12 (9.8)
Going for walks with your child	61 (49.6)	61 (49.6)	47 (38.2)	14 (11.4)	0	1 (0.81)	34 (27.6)
Playing with child outdoors	35 (28.5)	28 (22.8)	19 (15.5)	9 (7.3)	0	60 (48.8)	20 (16.3)
Having other children in your home	48 (39.2)	24 (19.5)	21 (17.1)	3 (2.4)	0	51 (41.5)	9 (7.3)
Taking child to social events or recreational activities	64 (52.0)	31 (25.2)	29 (23.6)	2 (1.6)	0	28 (22.8)	14 (11.4)
Taking care of child s/he is sick	82 (66.7)	20 (16.3)	18 (14.6)	2 (1.6)	0	21 (17.1)	3 (2.4)
Maintaining discipline with child	55 (44.7)	22 (17.9)	18 (14.6)	4 (3.3)	0	46 (37.4)	6 (4.9)
Holding your child in your lap	85 (69.1)	37 (30.1)	34 (27.6)	3 (2.4)	0	1 (0.8)	13 (10.6)
Having energy to be patient with your child	79 (64.2)	38 (30.9)	31 (25.2)	7 (5.7)	0	6 (4.9)	12 (9.8)
Having the energy to be available to listen and talk with your child	62 (50.4)	23 (18.7)	22 (17.9)	1 (0.8)	0	0	9 (7.3)
Keeping, or helping to keep, your child's room and belongings in order	81 (65.9)	36 (29.3)	34 (27.6)	2 (1.6)	0	6 (4.9)	19 (15.5)
Doing household chores or shopping	44 (35.8)	79 (64.2)	57 (46.3)	21 (17.1)	1 (0.8)	0	58 (47.2)
Using a stroller	74 (60.2)	48 (39.0)	40 (35.2)	8 (6.5)	0	1 (0.8)	15 (12.2)
Using a car seat	47 (38.2)	68 (55.3)	52 (42.3)	15 (12.2)	1 (0.8)	8 (6.5)	19 (15.5)
Opening safety latches or locks	64 (52.0)	57 (46.3)	43 (35.0)	14 (11.4)	0	2 (1.6)	19 (15.5)
Opening medicine or childproof containers	54 (43.9)	59 (48.0)	41 (33.3)	17 (13.8)	1 (0.8)	10 (8.1)	25 (20.3)

* Did do task less for reasons which are related to arthritis

Supplementary table 3: Mothers with RA (n, %) reporting difficulty in performing tasks involving children (0-5 years) at 26 weeks post-partum (n = 115).

	None	Having at least some difficulty	Some	A lot	Unable	Does not apply	Did less*
Dressing child	62 (53.9)	53 (46.1)	48 (41.7)	4 (3.5)	1 (0.9)	0	10 (8.7)
Taking care of child's hygiene	52 (45.2)	62 (53.9)	47 (40.9)	14 (12.2)	1 (0.9)	1 (0.9)	29 (25.2)
Feeding child	74 (64.4)	41 (35.7)	35 (30.4)	6 (5.2)	0	0	11 (9.6)
Picking up or carrying child	37 (32.2)	78 (67.8)	59 (51.3)	18 (15.7)	1 (0.9)	0	36 (31.3)
Taking care of child while out of the house	57 (49.6)	57 (49.6)	45 (39.1)	11 (9.6)	1 (0.9)	1 (0.9)	23 (20.0)
Taking child out in the car	43 (37.4)	68 (59.1)	52 (45.2)	15 (13.0)	1 (0.9)	4 (3.5)	31 (27.0)
Getting up and down to the floor to play with child	38 (33.0)	74 (64.3)	45 (39.1)	23 (20.0)	6 (5.2)	3 (2.6)	43 (37.4)
Keeping child out of unsafe situations	58 (50.4)	23 (20.0)	22 (19.1)	1 (0.9)	0	34 (29.6)	6 (5.2)
Getting up with child	59 (51.3)	54 (47.0)	46 (40.0)	7 (6.1)	1 (0.9)	2 (1.7)	19 (16.5)
Playing games or doing other indoor activities with your child	70 (60.9)	41 (35.7)	37 (32.2)	4 (3.5)	0	4 (3.5)	21 (18.3)
Going for walks with your child	61 (53.0)	52 (45.2)	44 (38.3)	8 (7.0)	0	2 (1.7)	33 (28.7)
Playing with child outdoors	39 (33.9)	29 (25.2)	22 (19.1)	6 (5.2)	1 (0.9)	40 (40.9)	17 (14.8)
Having other children in your home	48 (41.7)	18 (15.7)	15 (13.0)	3 (2.6)	0	49 (42.6)	9 (7.8)
Taking child to social events or recreational activities	61 (53.0)	36 (31.3)	30 (26.1)	6 (5.2)	0	18 (15.7)	16 (13.9)
Taking care of child s/he is sick	75 (65.2)	18 (15.7)	15 (13.0)	3 (2.6)	0	22 (19.1)	3 (2.6)
Maintaining discipline with child	58 (50.4)	18 (15.7)	17 (14.8)	1 (0.9)	0	39 (33.9)	10 (8.7)
Holding your child in your lap	83 (72.2)	32 (27.8)	30 (26.1)	2 (1.7)	0	0	8 (7.0)
Having energy to be patient with your child	75 (65.2)	37 (32.2)	33 (28.7)	4 (3.5)	0	3 (2.6)	17 (14.8)
Having the energy to be available to listen and talk with your child	69 (60.0)	18 (15.7)	15 (13.0)	3 (2.6)	0	28 (24.4)	10 (8.7)
Keeping, or helping to keep, your child's room and belongings in order	78 (67.8)	31 (27.0)	28 (24.4)	1 (0.9)	2 (1.7)	6 (5.2)	17 (14.8)
Doing household chores or shopping	47 (40.9)	67 (58.3)	46 (40.0)	18 (15.7)	3 (2.6)	1 (0.9)	42 (36.5)
Using a stroller	78 (67.8)	37 (32.2)	35 (30.4)	2 (1.7)	0	0	11 (9.6)
Using a car seat	50 (43.5)	57 (49.6)	41 (35.7)	16 (13.9)	0	8 (7.0)	20 (17.4)
Opening safety latches or locks	64 (55.7)	49 (42.6)	39 (33.9)	10 (8.7)	0	2 (1.7)	17 (14.8)
Opening medicine or childproof containers	54 (47.0)	52 (45.2)	41 (35.7)	11 (9.6)	0	9 (7.8)	18 (15.7)

* Did do task less for reasons which are related to arthritis

Supplement A: Artritis en ouderschap

Deze vragen gaan over de invloed van uw artritis op uw vermogen om dingen te doen met of voor uw jonge kinderen (van 0 tot en met 5 jaar).

Er worden verschillende handelingen genoemd. Voor elke soort handeling worden 2 vragen gesteld:

1. Hoeveel moeite die handeling u de afgelopen week heeft gevergd. Indien u een bepaalde handeling om andere redenen dan uw artritis niet verricht, moet u invullen "Niet van toepassing"
2. Of u een handeling wegens uw artritis minder vaak verricht (Minder vaak wegens artritis? Ja/Nee).

Hoeveel moeite heeft dit u de afgelopen week gevergd? (Geen moeite, Enige moeite, Grote moeite, Onmogelijke, Niet van toepassing)

- 1.1. Luiers verwisselen, aankleden of helpen aankleden
- 1.2. Verzorgen van de hygiëne van uw kind (bijvoorbeeld in bad doen, tanden poetsen, haren wassen, nagels knippen)
- 1.3. Uw kind voeden (bijvoorbeeld recepten of flesjes bereiden, het kind vasthouden om het te eten te geven, het eten voor uw kind snijden, gebruik van keukengerei om uw kind te voeden, eten bereiden voor uw kind)
- 1.4. Uw kind optillen of dragen
- 1.5. Buitenshuis voor uw kind zorgen (bijvoorbeeld, eventueel benodigde dingen dragen, buitenshuis luiers verwisselen of voeden)
- 1.6. Uw kind in de auto vervoeren (bijvoorbeeld het kind in de auto zetten en er uit halen, autozitje gebruiken)
- 1.7. Op de grond gaan zitten en weer opstaan om met uw kind te spelen
- 1.8. Uw kind voor onveilige situaties behoeden (bijvoorbeeld weghouden van de trap of de straat, het narennen, in het oog houden in winkels)
- 1.9. Met uw kind opstaan, hetzij 's nachts, hetzij 's ochtends vroeg
- 1.10. Met uw kind spelen of andere dingen doen in huis
- 1.11. Wandelen met uw kind
- 1.12. Buiten spelen met uw kind (bijvoorbeeld naar de speelplaats, ballen gooien, sport beoefenen)
- 1.13. Andere kinderen in huis hebben (bijvoorbeeld verjaardagspartijtjes houden, andere kinderen bij u laten spelen)

- 1.14. Uw kind meenemen naar sociale evenementen of recreatieve activiteiten (bijvoorbeeld naar kinderspeelgroepen of de verjaardagspartijtjes van andere kinderen, familie-uitjes, musea of zwembaden)
- 1.15. Uw kind verzorgen wanneer het ziek is (bijvoorbeeld geneesmiddelen toedienen, een thermometer gebruiken)
- 1.16. Uw kind discipline bijbrengen (bijvoorbeeld omgaan met kwade buien van uw kind, grenzen stellen en er de hand aan houden)
- 1.17. Uw kind op schoot houden
- 1.18. De energie hebben om geduld op te brengen voor uw kind
- 1.19. De energie hebben om beschikbaar te zijn om naar uw kind te luisteren en ermee te praten
- 1.20. De kamer en de spullen van uw kind op orde (helpen) houden
- 1.21. Huishoudelijke taken verrichten of inkopen doen (bijvoorbeeld schoonmaken, stofzuigen, de was doen, inkopen of boodschappen doen)
- 1.22. Gebruik van een kinderwagen
- 1.23. Gebruik van een autozitje
- 1.24. Openen van veiligheidsgordels of –sloten
- 1.25. Openen van geneesmiddelen- of kindveilige verpakkingen