Objective knowledge (post-intervention, according to self-developed questionnaire, range 0-88, higher scores reflect worse self-management): 41.8 (5.3) vs 38.4 (5.1), p = 0.002 (between groups).

Impact of education intervention - self-management support post-intervention (according to Medication Education Impact Questionnaire (MeiQ), range of score NR, higher scores reflect greater impact of education intervention): 31.8 (3.3) vs 28.5 (4.2), p = 0.01 (between groups).

Impact of education intervention: 38.3 (4.4); RA knowledge (according to Partners in Health Scale (PIHS), score greater impact of education intervention): 31.8 (3.3); Impact of education intervention - self-management support post-intervention (according to Medication Education Impact Questionnaire (MeiQ), range of score NR, higher scores reflect greater impact of education intervention): 31.8 (3.3) vs 28.5 (4.2), p = 0.01 (between groups).

Perceived uncertainty in choosing options, factors contributing to uncertainty and effective decision-making (according to Decisional Conflict Scale (DCS), score 0-100, higher scores reflect higher decisional conflict): 41.67 (6.81) vs 37.5 (4.33), p = 0.001 (between groups).

Effect size (not further specified) 0.27

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