Secukinumab provides sustained improvement in signs and symptoms and low radiographic progression in patients with psoriatic arthritis: 2-year (end-of-study) results from the FUTURE 5 study

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ABSTRACT

Objective Secukinumab provided sustained efficacy, low radiographic progression and consistent safety over 52 weeks in patients with psoriatic arthritis (PsA) in the FUTURE 5 study. Here, we report 2-year (end-of-study) results from this study.

Methods Adults with active PsA were randomised 2:2:2:3 to receive subcutaneous secukinumab 300 mg load (300 mg), 150 mg load (150 mg), 150 mg no load or placebo at baseline; weeks 1, 2, 3 and 4; and every 4 weeks thereafter. Secukinumab could be escalated from 150 mg to 300 mg starting at week 52, if active signs of disease were observed based on physician’s assessment. Assessments at week 104 (2 years) included clinical end points and radiographic damage (mean change in van der Heijde-modified total Sharp score (vdH-mTSS)). Safety analysis included all patients who received ≥1 dose of study medication.

Results Of the 996 patients randomised, 783 patients (78.6%) completed 2 years of treatment. Improvement in clinical end points was sustained through 2 years. The proportion of patients with no radiographic progression (change from baseline in vdH-mTSS ≤0.5) at 2 years was 89.5% (300 mg), 82.3% (150 mg) and 81.1% (150 mg no load). The unique aspects of this study are the loading or no loading regimes with option of dose escalation after 52 weeks. Improvement in American College of Rheumatology responses was observed in patients who escalated from secukinumab 150 mg to 300 mg, demonstrating the long-term clinical benefit of secukinumab treatment.

Conclusion Secukinumab with and without loading regimen provided sustained clinical efficacy and low radiographic progression through 2 years in patients with PsA. No new safety findings were reported.

Trial registration number NCT02404350.

INTRODUCTION

Psoriatic arthritis (PsA) is a chronic multi-faceted disease characterised by peripheral arthritis, axial disease, dactylitis, enthesitis, and nail and skin psoriasis. Patients with PsA are affected by irreversible joint damage...
and disability, which have a substantial impact on quality of life. Structural damage in patients with PsA is characterised by bone erosions, joint space narrowing and new bone formation, which lead to increased disability. Destruction of bone and cartilage with pathological new bone formation is one of the distinctive features of PsA. The evidence of bone loss including eccentric erosions, joint space narrowing and new bone formation is often seen in radiographs of peripheral joints. In PsA, radiographic progression has been observed in the early course of the disease, and it has been reported that 67% of patients have at least one joint erosion at their first visit to the clinic and 47% of patients have bone erosions within the first 2 years of disease onset.

Secukinumab, a human monoclonal antibody that directly inhibits interleukin-17A, has demonstrated rapid and sustained efficacy in patients with PsA across the phase III FUTURE studies, and recently published recommendations for the management of PsA include secukinumab as a first-line biological treatment option after failure of conventional synthetic disease-modifying antirheumatic drugs. In the FUTURE 1 study, secukinumab 150 mg provided a low rate of radiographic progression over 3 years and sustained clinical responses over 5 years. Secukinumab 300 mg and 150 mg reported sustained efficacy, low rate of radiographic progression and consistent safety over 52 weeks in the FUTURE 5 study. Here, we report the 2-year (end-of-study) efficacy, radiographic progression and safety results of secukinumab from the FUTURE 5 study.

METHODS

Study design and patients

FUTURE 5 is a randomised, double-blind, placebo-controlled, multicentre, 2-year phase III study. The detailed inclusion and exclusion criteria and study design have been reported previously. The key exclusion criteria included active/history of ongoing infection, use of ≥3 anti-tumour necrosis factor (TNF) agents, active inflammatory disease other than PsA and prior use of a biologic other than an anti-TNF agent. All eligible patients (≥18 years of age) with active PsA for at least 6 months, who were stratified by prior anti-TNF (anti-TNF-naïve or inadequate response (IR)) use, were randomised (2:2:2:3) to one of the four treatment groups to receive subcutaneous secukinumab 300 mg with loading dose (300 mg), 150 mg with loading dose (150 mg), 150 mg without loading dose (150 mg no load) or placebo at baseline; weeks 1, 2 and 3; and every 4 weeks starting at week 4. At week 16, non-responders in the placebo group (<20% improvement from baseline in tender and swollen joint counts) were switched to receive either secukinumab 300 mg or 150 mg, and all the remaining patients in the placebo group (responders) were switched at week 24. Patients, investigators and assessors remained blinded to the treatment allocation until all patients reached week 52. Stratification was done according to prior use of anti-TNF therapy status (ie, patients who were naïve to anti-TNF therapy (anti-TNF-naïve) and those who were inadequate responders or stopped treatment due to safety or intolerance to an anti-TNF therapy (hereafter collectively referred as anti-TNF-IR)). The study was planned to enrol no more than 30% of anti-TNF-IR patients.

Following a protocol amendment, the secukinumab dose could be escalated from 150 mg to 300 mg every 4 weeks at the beginning of week 52, if active signs of disease were observed in patients based on the physician’s judgement. Patients were not allowed to switch to a lower dose once dose escalation occurred. After week 52, patients were unblinded to the original randomised treatment assignment at randomisation. In addition, treatment was given as open-label, and patients continued to receive the same active dose of secukinumab as open-label treatment, administered until week 100. A follow-up visit was performed 12 weeks after last study treatment administration for all patients, regardless of whether they completed the entire study as planned or discontinued prematurely.

The study was conducted in accordance with the Declaration of Helsinki and was approved by institutional review boards or independent ethics committees at each participating centre. Written informed consent was obtained from all enrolled patients. Data were collected in accordance with Good Clinical Practice guidelines by the study investigators and were analysed by the sponsor.

Assessments

Assessments at week 104 included the American College of Rheumatology (ACR) 20/50/70 responses, Psoriasis Area and Severity Index 90 and 100 responses, change in 28-Joint Disease Activity Score using C reactive protein, Health Assessment Questionnaire–Disability Index scores, and resolution of dactylitis and enthesitis. In addition, the change in proportion of patients after dose escalation from any secukinumab 150 mg to 300 mg was evaluated at week 104 for each category of ACR response (defined as no response: ACR <20; low response: 20≤ACR<50; moderate response: 50≤ACR<70; and high response: ACR ≥70).

Radiographic structural damage was assessed by mean change from baseline in van der Heijde-modified total Sharp score (vdH-mTSS; sum of bone erosion (0–5 in the hands and 0–10 in the feet) and joint space narrowing (0–4) scores) for PsA. The vdH-mTSS assessment was based on hand/wrist/foot radiographs obtained at baseline and weeks 16 (non-responders), 24, 52 and 104, assessed by two blinded readers independently (plus an adjudicator if required) who were blinded to all patient information, treatment allocation and order of radiographs. The total radiographic score (hands and feet combined) ranged from 0 to 528, with higher scores indicating more articular damage. A change from baseline in vdH-mTSS ≤0.5 or ≤0.0 was defined as no structural progression, as recommended...
by van der Heijde et al. Overall safety and tolerability of secukinumab over 104 weeks were assessed by monitoring adverse events (AEs), serious AEs (SAEs), laboratory assessments and vital signs.

Statistical analyses
Data are presented for patients originally randomised to secukinumab including placebo switchers up to week 104. Clinical efficacy and radiographic results up to week 104 are reported as observed data (evaluable patients). For all patients originally randomised to secukinumab, ACR20 and ACR50 responses up to week 104 using multiple imputation (MI) are also reported. Available data after dose escalation were used (not censored) and missing responses were imputed using MI in a visit-by-visit manner. At each visit, a logistic regression model was used for imputation with a covariate of weight, baseline factors treatment and anti-TNF response status, and postbaseline factors of responses from previous visits and dose escalation status (yes or no) from previous and current visits. This regression model used a missing-at-random assumption, and multiply imputed data sets were combined according to Rubin’s rule. Cumulative probability plot was generated to show the vdH-mTSS for all patients according to dose group from baseline to week 104. Subgroup analyses stratified by anti-TNF therapy status (anti-TNF-naïve or anti-TNF-IR) were prespecified. Radiographic analysis included evaluable patients at baseline and weeks 24, 52 and 104. A sensitivity analysis of the radiographic data was performed after the statistical analysis of the data revealed that one patient exhibited extreme values. Safety analyses included all patients who received ≥1 dose of secukinumab and were summarised descriptively.

RESULTS
Of the 996 patients randomised at baseline, 783 patients (78.6%) completed 2 years (104 weeks) of treatment. A total of 84.7% (188/222), 82.3% (181/220) and 75.2% (167/222) patients originally randomised to secukinumab 300 mg, 150 mg and 150 mg no loading dose, respectively, completed 2 years of treatment (figure 1). Of the 664 patients originally randomised to secukinumab, 128 patients (19.3%) discontinued before or at week 104. The most common reason for premature discontinuation was patient/guardian decision: 6.8% in the 300 mg group, 5.9% in the 150 mg group and 7.7% in the 150 mg no load group. Lack of efficacy was reported in 1.4% of patients in 300 mg group, 1.8% of patients in 150 mg group and 7.7% of patients in 150 mg no load group.

The disposition of patients up to week 104 is presented in figure 1; disposition up to week 52 was reported previously. Overall, 39% (86/220) of patients from secukinumab 150 mg load group and 41% (92/222) of patients from secukinumab 150 mg no load group were escalated to secukinumab 300 mg beginning at week 52. Demographics and baseline disease characteristics of patients were balanced between treatment groups and have been reported previously. At baseline, approximately 50% of patients were receiving concomitant methotrexate across

Figure 1 Patients’ disposition through week 104. Twenty-six patients from placebo groups discontinued on or before week 16 and were not classified as responders or non-responders.
all treatment groups, and nearly one-third of patients were on anti-TNF-IR across all treatment groups.

**Clinical efficacy**

Clinical improvements reported at week 16 were sustained through 2 years in those patients who were originally randomised to secukinumab and continued to receive secukinumab treatment through 2 years (figure 2 and table 1).

An increase in ACR20 (56.5% to 72.7%) and ACR50 (33.9% to 48.1%) responses was observed from week 60 to week 104 (figure 2A). At week 104, ACR20/50 response rates using MI in the secukinumab 300 mg, 150 mg, and 150 mg no load groups were 75.3%/50.1%, 74.0%/50.9% and 72.2%/53.6%, respectively (figure 2B). Clinical efficacy in placebo switchers (patients originally randomised to placebo who switched to secukinumab) was also sustained through 2 years (online supplemental table 1). Sustained efficacy was observed in both anti-TNF-naive and anti-TNF-IR patients (online supplemental table 2). In patients whose dose was escalated from secukinumab 150 mg to 300 mg, ACR20 and ACR50 responses increased from 60.3% (ACR20) and 27.6% (ACR50) to 75% (ACR20) and 40.5% (ACR50), respectively, from week 60 to week 104. The Sankey-style plot presented in figure 3 shows the proportion of patients with different levels of ACR response before and up to 36–40 weeks after dose escalation among patients with ACR assessment within all corresponding week intervals. The proportion of ACR responders increased from 60% before dose escalation to 71% after 36–40 weeks following escalation from secukinumab 150 mg to 300 mg. Improvements in the proportions of ACR responders increased in both anti-TNF-naive and anti-TNF-IR subgroups (online supplemental tables 3 and 4).

**Radiographic progression**

Sustained low rates of radiographic progression were observed through week 104. Mean changes from baseline in vdH-mTSS through 2 years in the overall population and by anti-TNF status are shown in figure 4. At week 52, mean changes from baseline in vdH-mTSS (observed data (SD)) were −0.04 (1.02), 0.20 (1.83) and 0.28 (1.54) in the secukinumab 300 mg, 150 mg and 150 mg no load groups, respectively, in the overall population. At week 104, mean changes from baseline in vdH-mTSS (observed
data (SD)) were 0.10 (1.74), 0.52 (2.66) and 0.41 (2.20) in the secukinumab 300 mg, 150 mg and 150 mg no load groups, respectively. The proportion of patients with no radiographic progression (change from baseline in vdH-mTSS ≤0.5) with secukinumab at 104 weeks was 89.5% (300 mg), 82.3% (150 mg) and 81.1% (150 mg no load), respectively. The proportion of patients with change from baseline in vdH-mTSS ≤0.0 was 81.2% (300 mg), 69.1% (150 mg) and 68.9% (150 mg no load) in anti-TNF-IR groups.

In patients with prior anti-TNF therapy status, mean changes from baseline in vdH-mTSS followed a similar trend of low radiographic progression (figure 4). The anti-TNF-naïve group showed lower radiographic progression than the anti-TNF-IR group. At week 104, no radiographic progression (change from baseline in vdH-mTSS ≤0.5) was observed in 92.8% (300 mg), 83.9% (150 mg) and 84.7% (150 mg no load) of anti-TNF-naïve patients and in 80.8% (300 mg), 77.3% (150 mg) and 71.1% (150 mg no load) of anti-TNF-IR patients, respectively. The proportion of patients with change from baseline in vdH-mTSS ≤0.0 was 82.9% (300 mg), 69.1% (150 mg) and 68.9% (150 mg no load), respectively.

Figure 3  ACR response up to 36–40 weeks after dose escalation from 150 mg to 300 mg. ACR, American College of Rheumatology.

Before dose-escalation is defined as the last assessment done on or before a patient took the 300 mg dose. The colors flowing in the background indicate the proportion of patients changing the response over time. Number of subjects evaluated, n=137. First dose-escalation observed at study week 52.

In patients with prior anti-TNF therapy status, mean changes from baseline in vdH-mTSS followed a similar trend of low radiographic progression (figure 4). The anti-TNF-naïve group showed lower radiographic progression than the anti-TNF-IR group. At week 104, no radiographic progression (change from baseline in vdH-mTSS ≤0.5) was observed in 92.8% (300 mg), 83.9% (150 mg) and 84.7% (150 mg no load) of anti-TNF-naïve patients and in 80.8% (300 mg), 77.3% (150 mg) and 71.1% (150 mg no load) of anti-TNF-IR patients, respectively. The proportion of patients with change from baseline in vdH-mTSS ≤0.0 was 82.9% (300 mg), 69.1% (150 mg) and 68.9% (150 mg no load), respectively.
Safety

Over the entire treatment period, the mean secukinumab exposure was 667.4 days (1761.5 patient-years). The rate of discontinuation due to any AE was low and similar between secukinumab 300 mg (4.4%) and 150 mg (4.6%) dose groups. Exposure-adjusted incidence rates (EAIRs) for treatment emergent SAEs were 8.0 in secukinumab 300 mg group and 8.6 in secukinumab 150 mg group. The most frequently reported AEs in any secukinumab group (EAIR ≥5) were nasopharyngitis and upper respiratory tract infection (table 2).

The EAIRs of selected AEs of interest observed with secukinumab are shown in table 2. A total of three MACE events were reported. One patient in any secukinumab 300 mg group was adjudicated as spontaneous myocardial infarction. Of the two patients who were reported to have (possible) stroke and identified for adjudication, one patient in any secukinumab 300 mg group was reported to have a cerebral haemorrhage that was confirmed as a stroke, and another patient in any secukinumab 150 mg group was reported to have a lacunar infarction that was adjudicated as not a stroke. One patient in any secukinumab 150 mg was reported to have cardiopulmonary arrest that was confirmed as a sudden cardiovascular death. Inflammatory bowel disease was reported in five patients; two patients reported Crohn’s disease (one with a history of Crohn’s disease and another with a history of colitis), one with a new diagnosis of ulcerative colitis, one colonic abscess and one ulcerative proctitis. Oesophageal candidiasis was reported in one patient in secukinumab 150 mg group. A total of three deaths were reported, one in any secukinumab 300 mg due to sepsis and two in any secukinumab 150 mg due to acute myocardial infarction and cardiorespiratory arrest; none were considered related to study drug as assessed by the investigator. The safety profile of secukinumab in this study showed no new or unexpected safety signals.

DISCUSSION

In this large phase III study in patients with active PsA, secukinumab 300 mg and 150 mg, with or without loading dose, provided sustained clinical efficacy, low radiographic progression and consistent safety over 2 years of treatment, demonstrating the long-term clinical benefit of secukinumab treatment. The majority (78.6%) of patients remained in the study for the full 2 years. A slightly lower completion rate was observed in the 150 mg no load group with patient/guardian decision and lack of efficacy the main reasons for discontinuation. After secukinumab dose escalation from 150 mg to 300 mg, the proportion of ACR20 and ACR50
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responders increased. Notably, the percentage of patients with ACR response ≥50 (ACR50 and ACR70 responders) increased after dose escalation in both anti-TNF-naïve and anti-TNF-IR subgroups.

Sustained improvement was observed in secukinumab-treated patients across efficacy end points through 2 years, which is in agreement with the findings of previous secukinumab studies in PsA.15 17 22–25 The majority (81.1%–89.5%) of secukinumab-treated patients in the overall population showed no radiographic progression (change from baseline in vdH-mTSS ≤0.5) at 2 years. Low rates of radiographic progression were observed in secukinumab-treated patients with PsA regardless of the previous anti-TNF treatment status, with lower radiographic progression observed in the anti-TNF-naïve subgroup than in the anti-TNF-IR subgroup. These results are consistent with previous results with secukinumab.13 17 18 26

The safety profile was consistent with previous reports from secukinumab trials and with the results of a retrospective safety analysis of 21 secukinumab clinical trials across different indications.12–15 27

This study was not designed to compare between treatment regimens (secukinumab load vs no load) or to assess treatment differences by previous anti-TNF therapy status, so these data need to be interpreted with caution. Furthermore, minimal clinically important differences are not reported in the article, which may limit the value of results in clinical practice.

In conclusion, subcutaneous secukinumab 300 mg and 150 mg with and without loading dose provided sustained improvement in clinical responses and low rates of radiographic progression through 2 years of therapy in patients with PsA who remain on the treatment for 2 years. Improvement in ACR responses was observed in patients who escalated from secukinumab 150 mg to 300 mg, indicating a potential benefit for dose escalation in patients whose symptoms were not adequately controlled with the lower dose. Secukinumab was well tolerated with no new or unexpected safety signals reported. Overall, the findings from this study strengthen the existing evidence on the efficacy of long-term secukinumab treatment in patients with PsA.

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