


SHORT REPORT

Evaluation of response to 13-valent conjugated pneumococcal vaccination in patients with rheumatoid arthritis receiving upadacitinib: results from a phase 2 open-label extension study

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ABSTRACT

Objective To assess the immunogenicity of pneumococcal 13-valent conjugate vaccination (PCV-13) in patients with rheumatoid arthritis receiving upadacitinib and background methotrexate (MTX).

Methods Eligible patients from the phase 2 open-label extension trial BALANCE-EXTEND (NCT02049138) receiving stable dosing of upadacitinib 15 mg or 30 mg once daily plus background MTX were given PCV-13. Antibody titres were collected prevaccination and 4 and 12 weeks postvaccination. The primary endpoint was the proportion of patients with satisfactory humoral response to PCV-13, defined as a ≥ 2 -fold increase in ≥ 6 of 12 pneumococcal antigens at 4 weeks postvaccination.

Results Of 111 patients (upadacitinib 15 mg, N=87; 30 mg, N=24), 85.6% were women, 97.3% used concomitant MTX and 44.1% used oral corticosteroids. At 4 weeks, 67.5% (95% CI 57.4 to 77.5) of patients receiving upadacitinib 15 mg and 56.5% (36.3 to 76.8) receiving 30 mg had a satisfactory PCV-13 response. Responses were similar in patients who used or did not use concomitant corticosteroids. No deaths or serious adverse events were reported.

Conclusions Approximately two-thirds of patients receiving upadacitinib 15 mg once daily achieved a satisfactory humoral response to PCV-13 despite receiving concomitant MTX. Concomitant corticosteroid use did not negatively affect PCV-13 response.

INTRODUCTION

Patients with rheumatoid arthritis (RA) are susceptible to infection because of weakened immune responses due to the underlying disease, comorbidities and immunosuppressants used to control RA activity.¹ *Streptococcus pneumoniae* (pneumococcus) is a common cause of pneumonia, septicemia and meningitis, associated with morbidity and mortality.² Therefore, pneumococcal vaccination is recommended in patients with RA receiving

Key messages

- ▶ Patients with rheumatoid arthritis have an elevated risk of infection; therefore, pneumococcal vaccination is recommended, particularly in those receiving immunosuppressive therapy.
- ▶ This study showed that approximately two-thirds of patients receiving upadacitinib 15 mg once daily had a satisfactory humoral response to the pneumococcal 13-valent conjugate vaccine (PCV-13) despite receiving concomitant methotrexate.
- ▶ Concomitant corticosteroid use did not appear to negatively affect antibody response to PCV-13.
- ▶ These data suggest that it may not be necessary to temporarily stop upadacitinib treatment in patients receiving PCV-13.
- ▶ Taking concomitant corticosteroids at doses typically used for RA is unlikely to impair response to PCV-13.

conventional synthetic disease-modifying antirheumatic drugs (csDMARDs) or biologic DMARDs (bDMARDs).³

Several studies have evaluated pneumococcal vaccine response with DMARDs^{4,5} and, more recently, with Janus kinase (JAK) inhibitor treatment.^{6,7} Upadacitinib is an oral JAK inhibitor engineered to have greater selectivity for JAK1 versus JAK2, JAK3 and tyrosine kinase 2.⁸ Upadacitinib 15 mg once daily (QD) is approved in multiple countries for the treatment of RA. This analysis aimed to describe the humoral immune response to the pneumococcal 13-valent conjugate vaccine (PCV-13) in patients with RA receiving concomitant upadacitinib and methotrexate (MTX).

METHODS

Patients

Patients from the ongoing, multicentre phase 2 open-label extension trial BALANCE-EXTEND (NCT02049138) were eligible to participate in this vaccine substudy. BALANCE-EXTEND included adults with active RA who had an inadequate response to an antitumour necrosis factor inhibitor or MTX and completed a preceding phase 2 randomised clinical trial of upadacitinib.^{9,10} In the substudy, patients were required to have received a stable dose of upadacitinib 15 mg or 30 mg QD and background MTX for ≥ 4 weeks prior to and after PCV-13 vaccination as specified in the protocol. Patients who used corticosteroids (CSs) had to remain on a stable dose of less than 10 mg/day of prednisone or equivalent CS therapy for ≥ 4 weeks after vaccination. In addition, patients must have met PCV-13 prescribing specifications as per local label requirements. Exclusion criteria were receipt of steroid injection within 4 weeks prior to vaccination, pneumococcal vaccination including PCV-13 at any time, any vaccination 4 weeks prior to and/or after the substudy vaccination visit, history of severe allergic reaction to any component of PCV-13 or pneumococcal infection within 6 months before the vaccination visit. Patients could initiate or change their dosage of oral or parenteral CSs, csDMARDs and background antirheumatic medications after 4 weeks postvaccination. The vaccine substudy was conducted following the principles of the Declaration of Helsinki and Good Clinical Practice guidelines. Ethical approval was provided by an institutional review board or ethics committee at each study site. Participating patients gave written informed consent.

Patient and public involvement

Patients and the public were not involved in the design or analysis of this study.

Study design

All enrolled patients receiving either upadacitinib 15 mg or 30 mg QD plus stable MTX were administered a single-dose 0.5 mL intramuscular injection of PCV-13 (Prevnar 13, Wyeth Pharmaceuticals, a subsidiary of Pfizer (Diphtheria CRM197 Protein)) according to the label.¹¹ Blood samples for antibody titres were collected prevaccination (week 0) and postvaccination (weeks 4 and 12). Measurement of antibody concentrations was performed by ICON Central Laboratories (Farmingdale, New York). Adverse events (AEs) were collected up to 4 weeks postvaccination.

Immunogenicity and safety measures

The primary endpoint was the proportion of patients with satisfactory humoral response to PCV-13 at 4 weeks postvaccination. Similar to prior studies, a satisfactory humoral response was defined as a ≥ 2 -fold increase in antibody concentration from prevaccination (week 0) in ≥ 6 of 12 pneumococcal antigens (1, 3, 4, 5, 6B, 7F, 9V, 14, 18C, 19A, 19F and 23F).^{12,13} Secondary endpoints

included the proportion of patients with a satisfactory humoral response to PCV-13 at 12 weeks postvaccination and the geometric mean fold rise (GMFR) of antipneumococcal antibody levels to each of the 12 pneumococcal antigens compared with baseline at 4 and 12 weeks postvaccination. Antibody concentrations were measured against 12 pneumococcal antigens based on the availability of established assays by the study's central lab at the time of protocol development. Safety was assessed by evaluating AEs, defined as an event with onset on or after vaccination and up to 30 days postvaccination.

Statistical analysis

The planned total sample size was 150 patients with 100 in the upadacitinib 15 mg QD group, to achieve a precision of estimation of 10% margin of error for the 95% CI of the 15 mg QD group, assuming a 60% satisfactory humoral response rate. All patients who were vaccinated with PCV-13 and received ≥ 1 dose of upadacitinib after vaccination were analysed. Patients were classified into two groups based on the upadacitinib 15 mg or 30 mg QD dose received at the vaccination visit. The proportion of patients achieving a satisfactory humoral response was presented as counts and percentages with 95% CIs calculated based on normal approximation. Subgroup analyses were also performed by age and concomitant CS use. The GMFR postvaccination and 95% CIs were calculated at weeks 4 and 12 for each pneumococcal antigen.

RESULTS

Baseline patient characteristics

A total of 111 patients receiving ≥ 1 dose of upadacitinib (15 mg, N=87; 30 mg, N=24) were enrolled in the vaccine substudy. Most patients were women (85.6%) and white (98.2%) with a mean (SD) age of 58.4 (12.0) years. Patients had a median (range) duration of RA of 9.3 (3.4 to 35.0) years, mean (SD) Clinical Disease Activity Index of 6.0 (6.1), mean (SD) Disease Activity Score 28-joint count C reactive protein of 2.2 (1.0) and were receiving upadacitinib for a median (range) of 3.9 (3.0 to 4.9) years. Three patients (2.7%) included in this analysis did not meet the stated enrolment criteria as they were not receiving concomitant MTX. One patient changed their MTX dose from 20 mg to 10 mg weekly during the last 2 weeks of the substudy. Nearly half (44.1%) of patients used oral CSs at a median daily dose of 5.0 mg. Every patient received PCV-13 and continued upadacitinib during the first 4 weeks. Nearly all patients provided evaluable blood samples at appropriate time points (83 (95.4%)/23 (95.8%) and 79 (90.8%)/22 (91.7%) patients in the upadacitinib 15/30 mg groups at weeks 4 and 12, respectively).

Vaccine immunogenicity

Satisfactory humoral response to PCV-13 at week 4 occurred in 67.5% (95% CI 57.4 to 77.5) of patients receiving upadacitinib 15 mg and 56.5% (36.3 to 76.8) receiving upadacitinib 30 mg. Similar responses were

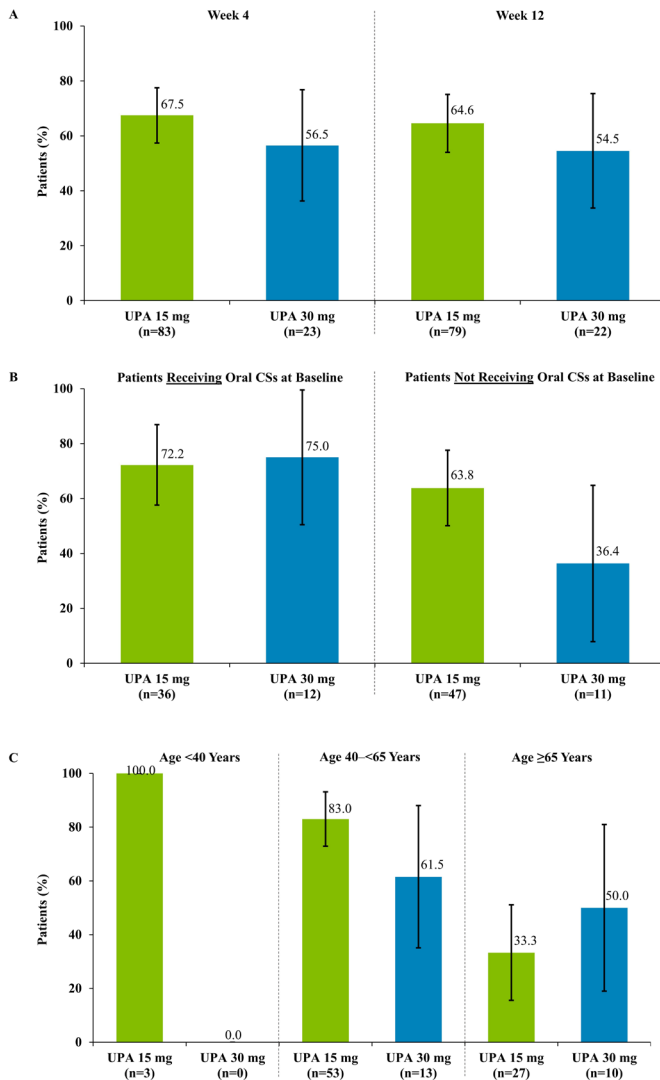


Figure 1 Satisfactory humoral responses to PCV-13 at weeks 4 and 12 postvaccination (A) and effect of concomitant CSs (B) and age (C) on week 4 responses to PCV-13. Error bars indicate 95% CIs. Satisfactory humoral response was defined as ≥ 2 fold increase in antibody concentration from the vaccination baseline in ≥ 6 out of 12 pneumococcal antigens (1, 3, 4, 5, 6B, 7F, 9V, 14, 18C, 19A, 19F and 23F). Number of patients per treatment group was based on the availability of blood samples collected at weeks 4 and 12. CIs, confidence intervals; CSs, corticosteroids; PCV-13, pneumococcal 13-valent conjugate vaccine (Diphtheria CRM197 Protein); UPA, upadacitinib.

found at week 12, with 64.6% (54.0 to 75.1) of patients receiving upadacitinib 15 mg and 54.5% (33.7 to 75.4) receiving upadacitinib 30 mg achieving a satisfactory humoral response (figure 1A). No apparent difference in humoral response between patients receiving and not receiving concomitant CSs was observed (figure 1B). Humoral responses were numerically lower in older versus younger adults (figure 1C). Geometric mean increases in antibody levels compared with vaccination baseline values were observed for each of the 12 pneumococcal antigens at weeks 4 and 12 (table 1).

Safety

No serious AEs, AEs leading to discontinuation of upadacitinib or death were reported.

Overall, 18 patients (16.2%) experienced an AE during 30 days postvaccination (table 2). Most events were mild in severity (88.9%); one event each of moderate upper respiratory tract infection and superficial thrombophlebitis was reported with upadacitinib 15 mg. Within 30 days postvaccination, two AEs were considered possibly related to upadacitinib: one case of diverticulitis with upadacitinib 15 mg and one case of anaemia with upadacitinib 30 mg. Within 1-day postvaccination, two patients experienced fever, and one patient each experienced vaccination-site pain and headache (all receiving upadacitinib 15 mg).

DISCUSSION

This study assessed humoral immune responses to PCV-13 in patients with RA receiving upadacitinib and MTX. Treatment with MTX, the standard of care for RA, has been shown to diminish antibody response following pneumococcal^{7 14 15} and influenza vaccination.⁷ Current guidelines recommend pneumococcal vaccination before starting a csDMARD or bDMARD³ in addition to applying a prime-boost vaccination strategy (PCV-13 followed by 23-valent pneumococcal polysaccharide vaccine (PPSV-23; Pneumovax)) to potentially improve antibody response.¹⁶ However, the clinical question remains whether it is necessary to temporarily stop JAK inhibitor and/or MTX treatment prior to vaccination.

Importantly, we found that about two-thirds of patients receiving upadacitinib 15 mg QD mounted a satisfactory humoral response to PCV-13 at 4 and 12 weeks postvaccination, despite 97% receiving concomitant MTX. Our results were broadly consistent with pneumococcal vaccine humoral responses in patients with RA treated with other JAK inhibitors, biologics or placebo.^{4 6 7} In studies of patients with RA receiving other JAK inhibitors, 68% achieved a satisfactory humoral response to PCV-13 with baricitinib with or without MTX,⁶ and 66% achieved a satisfactory humoral response to PPSV-23 with tofacitinib plus MTX.⁷ In addition, humoral response rates in the present study were similar to those reported by Nived *et al*⁵ for patients with RA not receiving DMARDs (52%) and healthy adults (55%); however, the study only assessed antibody concentrations for pneumococcal antigens 6B and 23F and was limited by small sample size.

Concomitant CS use did not appear to negatively affect PCV-13 antibody response, and age-related decreases in humoral immune response to pneumococcal vaccination were observed in line with findings from previous studies.^{4 6} Overall, PCV-13 vaccination was well tolerated, and no serious AEs were reported.

Several limitations should be acknowledged. Small sample sizes of the upadacitinib 30 mg may limit the comparisons of the two dose groups, and similarly, small sample sizes in the subgroups receiving versus not

Table 1 Anti-pneumococcal antibody levels at baseline and GMFR at weeks 4 and 12 after PCV-13 vaccination

Antigen	UPA 15mg QD			UPA 30mg QD		
	Baseline, µg/mL* (N=83)	Week 4 GMFR (95% CI) (N=83)	Week 12 GMFR (95% CI) (N=79)	Baseline, µg/mL* (N=23)	Week 4 GMFR (95% CI) (N=23)	Week 12 GMFR (95% CI) (N=22)
1	0.4	7.9 (6.1 to 10.2)	8.1 (6.2 to 10.6)	0.4	6.5 (4.0 to 10.7)	6.5 (3.9 to 10.9)
3	0.7	2.6 (2.1 to 3.2)	2.3 (1.8 to 2.8)	0.4	2.3 (1.5 to 3.5)	2.2 (1.5 to 3.4)
4	0.2	5.6 (4.3 to 7.4)	5.2 (3.9 to 6.9)	0.1	3.8 (2.3 to 6.4)	3.4 (2.0 to 5.8)
5	2.2	1.9 (1.5 to 2.4)	1.8 (1.5 to 2.3)	2.6	1.6 (1.1 to 2.4)	1.6 (1.0 to 2.4)
6B	0.5	4.5 (3.3 to 6.1)	3.9 (2.8 to 5.4)	0.4	3.1 (1.7 to 5.5)	3.3 (1.7 to 6.1)
7F	0.9	3.6 (2.8 to 4.5)	3.3 (2.6 to 4.3)	1.1	2.8 (1.8 to 4.4)	3.0 (1.9 to 4.9)
9V	0.5	5.7 (4.3 to 7.6)	6.2 (4.6 to 8.3)	0.4	2.8 (1.6 to 4.8)	2.9 (1.6 to 5.1)
14	1.6	3.0 (2.4 to 3.7)	2.8 (2.2 to 3.6)	1.2	2.4 (1.6 to 3.7)	2.4 (1.5 to 3.8)
18C	1.6	4.5 (3.5 to 5.8)	4.4 (3.4 to 5.7)	1.3	3.2 (2.0 to 5.2)	3.5 (2.2 to 5.7)
19A	8.6	1.5 (1.3 to 1.7)	1.4 (1.2 to 1.7)	9.2	1.1 (0.8 to 1.5)	1.2 (0.9 to 1.5)
19F	1.7	2.3 (1.8 to 2.8)	2.2 (1.8 to 2.7)	1.6	2.3 (1.5 to 3.5)	2.0 (1.3 to 3.0)
23F	0.7	4.3 (3.3 to 5.7)	4.1 (3.0 to 5.4)	0.7	3.1 (1.9 to 5.2)	3.3 (1.9 to 5.7)

Patients with non-missing baseline and at least one post-baseline value were included in the analysis.

*Baseline geometric mean antibody levels among patients with available week 4 data.

CI, confidence interval; GMFR, geometric mean fold rise; PCV-13, pneumococcal 13-valent conjugate vaccine (Diphtheria CRM197 Protein); QD, once daily; UPA, upadacitinib.

receiving concomitant CSs may have limited the power of this analysis. In addition, no control group was evaluated. Our findings may not be generalisable to patients with RA receiving other commonly administered vaccines (eg, influenza vaccine) while on therapy.

In summary, satisfactory humoral response to PCV-13 was attained through 12 weeks postvaccination in most patients with RA receiving upadacitinib 15 mg QD plus MTX, irrespective of CS use. Future studies should assess whether temporary discontinuation of either upadacitinib

or MTX (or both) would further enhance the immune response to PCV-13, particularly in older adults who are more likely to have a less robust response.¹⁵

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Patient consent for publication Not applicable.

Ethics approval This study involves human participants and was approved by IRB: Advarra IRB Organization Number (IORG): 0000635IRB Registration Number: 00000971 Participants gave informed consent to participate in the study before taking part.

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Table 2 Safety through 30 days postvaccination with PCV-13

Event, n (%)	UPA 15mg QD (N=87)	UPA 30mg QD (N=24)
Any AE	15 (17.2)	3 (12.5)
AEs occurring in >1 patient		
Fever	2 (2.3)	0
Nasopharyngitis	3 (3.4)	0
Onychomycosis	2 (2.3)	0
Upper respiratory tract infection	1 (1.1)	1 (4.2)
Serious AE	0	0
AE leading to discontinuation of study drug	0	0
AE with reasonable possibility of being related to UPA*	1 (1.1)	1 (4.2)
Death	0	0

*As assessed by the investigator.

AE, adverse event; PCV-13, pneumococcal 13-valent conjugate vaccine (Diphtheria CRM197 Protein); QD, once daily; UPA, upadacitinib.

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