Supplementary Table 1. Status at follow-up in 2018-19 of the 1178 participants of the 1985 Swiss AS Family Study and response rate

Category		Number
Known to be deceased (probands 123; FDR 39)		162
Agreed to participate (probands 125; FDR 360)		485
		647 (54.9%)
Missings		
Agreed to participate; questionnaire not returned		24
Declined participation		23
No reply on invitational letter or incorrect address		232
Current address unknown		169
Living abroad, address unknown		72
Otherwise (address blocked; non-german speaking)		11
		531 (45.1%)
_	Total	1178 (100%)

Number of invitational letters sent: 791; response rate: 485/791 (61.3%)
Number participants follow-up study/participants baseline study: 485/1178 (41.6%)

Supplementary Table 2.
Lessons learned – Swiss AS Family study 1985- 2019
Changes over time
People
Study participants marry, divorce, change names, move and die
Lesson: use national IDs for tracking purposes

City & villages administrations
Boundaries, community names and archives change

Imaging technology changes over time Physical pelvic radiographs outdated, new technologies (MRI) emerged

Storage of data and forms
From mainframe computer to PC
Lesson: transfer data on time to actual standard storage technology
Paper copies fade away

Lesson: store data on more than one location. Make backups

## Motivation

People may forget having participated Lesson: send periodically newsletter

Challenge: keep track of postal and email addresses

(Note: email not yet available in 1985)