

## Analysis of risk factors of Mortality in Rheumatoid Arthritis

### Patients with Interstitial Lung Disease: A Nationwide, Population-based, Cohort Study

Table A. Selected comorbidities and their corresponding ICD-9-CM codes.

Comorbidities	ICD-9-CM
Hypertension	401–405
Hyperlipidaemia	272
Myocardial infarction	410,412
Congestive heart failure	428
Peripheral vascular disease	441, 443.9, 785.4, V43.4
Cerebrovascular disease	430-438
Dementia	290
COPD	490-505,506.4
Connective tissue disease	710.0, 710.1, 710.4, 714.0, 714.1, 714.2,714.81,725
Peptic ulcer disease	531-534
Mild liver disease	571.2, 571.4-571.6
Diabetes mellitus	250.0-250.3, 250.7
DM with end-organ damage	250.4-250.6
Hemiplegia	342, 344.1
Moderate to severe renal disease	582, 583.0-583.7, 585, 586, 588
Tumor	140-195, 200-208
Metastatic solid tumor	196-199

Abbreviations: ICD-9-CM, International Classification of Diseases, Ninth Revision, Clinical Modification;

COPD, chronic obstructive pulmonary disease; DM, diabetes mellitus.

Table 1 Baseline characteristics in ILD group and non-ILD group

	Before PSM (1:10 sex, age and disease duration-matched population)				1:1 PSM population					
	None ILD		ILD		P-value	ASD	None ILD		ILD	
	n=1,640	n=164					n=155	n=155	P-value	ASD
<b>Gender</b>					1.000	0.000			1.000	0.000
Female	1,280 (78.0)	128 (78.0)					123 (79.4)	123 (79.4)		
Male	360 (22.0)	36 (22.0)					32 (20.6)	32 (20.6)		
<b>Age at RA diagnosis, years (mean ± SD)</b>	58.8 ± 11.6	58.8 ± 11.7	1.000	0.000			59.3 ± 11.8	59.2 ± 11.5	0.950	0.007
<b>Age at ILD diagnosis, years</b>	62.3±11.7	62.3±11.8	1.000	0.000			62.7±12.1	62.7±11.7	0.973	0.004
<b>Disease duration, years (mean ± SD)</b>	3.5±2.8	3.5±2.8	1.000				3.5±2.8	3.5±2.9	0.904	
<b>Urbanisation</b>					0.122				0.269	
Urban	447 (27.3)	57 (34.8)					40 (25.8)	53 (34.2)		
Suburban	716 (43.7)	63 (38.4)					69 (44.5)	60 (38.7)		
Rural	477 (29.1)	44 (26.8)					46 (29.7)	42 (27.1)		
<b>Low income</b>	843 (51.4)	81 (49.4)	0.623				77 (49.7)	75 (48.4)	0.820	
<b>Comorbidities†</b>										
Hypertension	515 (31.4)	44 (26.8)	0.227	0.101			46 (29.7)	41 (26.5)	0.527	0.072
Hyperlipidaemia	179 (10.9)	14 (8.5)	0.348	0.080			13 (8.4)	12 (7.7)	0.835	0.024
Myocardial infarction	6 (0.4)	0 (0.0)	0.438				0 (0.0)	0 (0.0)	NA	
Congestive heart failure	33 (2.0)	12 (7.3)	<0.001	0.254			9 (5.8)	9 (5.8)	1.000	0.000
Peripheral vascular disease	14 (0.9)	0 (0.0)	0.235	NA			0 (0.0)	0 (0.0)	NA	

Cerebrovascular disease	67 (4.1)	8 (4.9)	0.628	0.038	5 (3.2)	6 (3.9)	0.759	0.035
Dementia	13 (0.8)	2 (1.2)	0.566	0.043	2 (1.3)	2 (1.3)	1.000	0.000
COPD	133 (8.1)	42 (25.6)	<0.001	0.481	36 (23.2)	36 (23.2)	1.000	0.000
Connective tissue disease	1,313 (80.1)	154 (93.9)	<0.001	0.420	147 (94.8)	145 (93.5)	0.627	0.055
Peptic ulcer disease	300 (18.3)	42 (25.6)	0.023	0.177	43 (27.7)	39 (25.2)	0.607	0.059
Mild liver disease	85 (5.2)	7 (4.3)	0.612	0.043	7 (4.5)	7 (4.5)	1.000	0.000
Diabetes mellitus	191 (11.6)	17 (10.4)	0.624	0.041	13 (8.4)	14 (9.0)	0.840	0.023
DM with end-organ damage	43 (2.6)	1 (0.6)	0.111	0.160	2 (1.3)	1 (0.6)	0.562	0.066
Hemiplegia	6 (0.4)	1 (0.6)	0.632	0.035	1 (0.6)	0 (0.0)	0.317	NA
Moderate to severe renal disease	36 (2.2)	2 (1.2)	0.407	0.075	1 (0.6)	2 (1.3)	0.562	0.066
Tumor	61 (3.7)	10 (6.1)	0.135	0.110	5 (3.2)	8 (5.2)	0.395	0.097
Metastatic solid tumor	9 (0.5)	2 (1.2)	0.293	0.072	1 (0.6)	2 (1.3)	0.562	0.066
<b>Use of medication at baseline†</b>								
NSAID	1,530 (93.3)	159 (97)	0.067		149 (96.1)	150 (96.8)	0.759	
Corticosteroid	1,166 (71.1)	146 (89.0)	<0.001		130 (83.9)	138 (89.0)	0.184	
Methotrexate	771 (47)	114 (69.5)	<0.001		93 (60.0)	110 (71.0)	0.042	
Sulfasalazine	787 (48)	97 (59.1)	0.006		83 (53.5)	93 (60.0)	0.252	
Leflunomide	154 (9.4)	36 (22.0)	<0.001		15 (9.7)	36 (23.2)	0.001	
Hydroxychloroquine	941 (57.4)	121 (73.8)	<0.001		111 (71.6)	113 (72.9)	0.800	

Immunosuppressant s	97 (5.9)	23 (14.0)	<0.001	12 (7.7)	22 (14.2)	0.069
TNFi	80 (4.9)	17 (10.4)	0.003	9 (5.8)	17 (11.0)	0.101
Rituximab	8 (0.5)	4 (2.4)	0.003	0 (0.0)	4 (2.6)	0.044
Tocilizumab	0 (0.0)	1 (0.6)	0.002	0 (0.0)	1 (0.6)	0.317
Abatacept	1 (0.1)	0 (0.0)	0.752	0 (0.0)	0 (0.0)	NA

<sup>†</sup>Comorbidity and medications were identified within one year before index date.

Data are shown as number (%) unless specified otherwise.

Abbreviations: ILD, interstitial lung disease; PSM, propensity score matching; ASD, absolute standardised difference; RA, rheumatoid arthritis; SD, standard deviation; NA, not assessed; COPD, chronic obstructive pulmonary disease; DM, diabetes mellitus; NSAID, nonsteroidal anti-inflammatory drug; TNFi, tumor necrosis factor inhibitor.

Table 2. Demographics and clinical characteristics in rheumatoid arthritis patients with interstitial lung disease, n = 214

Variable	Number (%), unless specified otherwise
<b>Gender</b>	
Female	138 (64.5)
Male	76 (35.5)
<b>Age at RA diagnosis, years (mean ± SD)</b>	60.6±14.2
<b>Age at ILD diagnosis, years (mean ± SD)</b>	64.2±14.2
<b>Disease duration, years (mean ± SD)</b>	3.6±3.0
<b>Urban</b>	
Urban	77 (36.0)
Suburban	83 (38.8)
Rural	54 (25.2)
<b>Low income</b>	117 (54.7)
<b>Comorbidities†</b>	
Hypertension	63 (29.4)
Hyperlipidaemia	20 (9.4)
Congestive heart failure	17 (7.9)
Peripheral vascular disease	1 (0.5)
Cerebrovascular disease	10 (4.7)
Dementia	2 (0.9)
COPD	57 (26.6)
Connective tissue disease	202 (94.4)
Peptic ulcer disease	55 (25.7)
Mild liver disease	9 (4.2)
Diabetes mellitus	21 (9.8)
DM with end-organ damage	1 (0.5)
Hemiplegia	1 (0.5)
Moderate to severe renal disease	5 (2.3)
Tumor	12 (5.6)
Metastatic solid tumor	2 (0.9)

**Use of medications at baseline<sup>†</sup>**

NSAID	208 (97.2)
Corticosteroid	192 (89.7)
Methotrexate	148 (69.2)
Sulfasalazine	119 (55.6)
Leflunomide	44 (20.6)
Hydroxychloroquine	150 (70.1)
Cyclophosphamide	5 (2.3)
Other immunosuppressant*	26 (12.1)
TNFi	21 (9.8)
Tocilizumab	1 (0.5)
Abatacept	0 (0.0)
Rituximab	5 (2.3)

**Time-averaged dose of medications, mean±SD**

NSAID (cDDD/day)	0.8±0.6
Corticosteroid (Pd equivalent dose, mg/day)	10.0±14.1
Methotrexate (per 2.5 mg/week)	1.5±1.8
Sulfasalazine (cumulative dose/500mg)/day	0.8±1.1
Leflunomide (cDDD/day)	0.1±0.2
Hydroxychloroquine (cDDD/day)	0.3±0.3
Cyclophosphamide (cumulative dose, mg, / 500mg/month)	0.1±0.3
Other immunosuppressants* (cDDD/day)	0.03±0.1
TNFi (cDDD/day)	0.1±0.2
Tocilizumab (cDDD/day)	0.001±0.01
Abatacept (cDDD/day)	0.0004±0.005
Rituximab (cumulative dose, mg, /500mg/6 months)	0.1±0.6

<sup>†</sup>Comorbidity and medications were identified within one year before index date.

Abbreviations: RA, rheumatoid arthritis; ILD, interstitial lung disease; COPD, chronic obstructive pulmonary disease; DM, diabetes mellitus; NSAID, nonsteroidal anti-inflammatory drug; SD, standard deviation; cDDD, cumulative defined daily dose; TNFi, tumor necrosis factor inhibitor.

\*Other immunosuppressants: cyclosporin, azathioprine, mycophenolate mofetil, mycophenolic acid.

Table 3. Cox proportional hazard regressions for estimation of adjusted HRs with 95% CIs in RA patients with ILD, n = 214

Variable	Univariable		Multivariable	
	HR (95% CI)	P value	HR (95% CI)	P value
<b>Male (reference: female)</b>	2.69 (1.70–4.25)	<0.001	0.90 (0.53–1.54)	0.700
<b>Age at ILD diagnosis</b>	1.04 (1.02–1.06)	<0.001	1.05 (1.03–1.08)	<0.001
<b>Disease duration, years</b>	1.01 (0.92–1.10)	0.869		
<b>Urbanisation</b>				
Urban	Ref.			
Suburban	1.36 (0.79–2.35)	0.273		
Rural	1.28 (0.70–2.33)	0.417		
<b>Low income</b>	1.45 (0.90–2.33)	0.123		
<b>Comorbidities†</b>				
Hypertension	1.37 (0.85–2.20)	0.201		
Hyperlipidaemia	1.04 (0.45–2.41)	0.921		
Congestive heart failure	1.70 (0.73–3.95)	0.218		
Peripheral vascular disease	210.50 (13.17–3365.37)	<0.001	Cannot estimate	
Cerebrovascular disease	1.75 (0.64–4.81)	0.281		
Dementia	1.88 (0.26–13.60)	0.530		
COPD	3.52 (2.22–5.59)	<0.001	2.12 (1.25–3.58)	0.005
Connective tissue disease	1.03 (0.38–2.83)	0.950		
Peptic ulcer disease	0.90 (0.53–1.53)	0.691		

Mild liver disease	0.77 (0.24–2.47)	0.662		
Diabetes mellitus	1.46 (0.75–2.85)	0.264		
DM with end-organ damage	15.41 (2.02–117.78)	0.008	33.85 (3.72–308.24)	0.002
Hemiplegia	4.33 (0.60–31.56)	0.148		
Moderate to severe renal disease	0.55 (0.08–3.97)	0.555		
Tumor	1.26 (0.46–3.47)	0.650		
Metastatic solid tumor	3.25 (0.45–23.78)	0.245		
<b>Use of medications at baseline<sup>†</sup></b>				
NSAID	0.87 (0.21–3.53)	0.840		
Steroid	2.72 (0.86–8.65)	0.090		
Methotrexate	0.86 (0.53–1.40)	0.548		
Sulfasalazine	1.06 (0.66–1.68)	0.819		
Leflunomide	0.99 (0.55–1.76)	0.958		
Hydroxychloroquine	0.90 (0.54–1.49)	0.668		
Cyclophosphamide	0.27 (0.04–1.93)	0.190		
Other immunosuppressant*	0.92 (0.46–1.85)	0.820		
TNFi	0.12 (0.02–0.88)	0.037	0.42 (0.06–3.15)	0.395
Rituximab	1.99 (0.49–8.17)	0.339		
<b>Time-averaged dose of medications</b>				
NSAID (cDDD/day)	1.11 (0.70–1.75)	0.657		

Corticosteroid (Pd equivalent dose, mg/day)	1.07 (1.05–1.08)	<0.001	1.09 (1.07–1.11)	<0.001
Methotrexate (per 2.5 mg/week)	0.77 (0.65–0.91)	0.002	0.94 (0.77–1.13)	0.504
Sulfasalazine (cdose/500mg)/day)	1.10 (0.90–1.34)	0.371		
Leflunomide (cDDD/day)	0.39 (0.10–1.48)	0.166		
Hydroxychloroquine (cDDD/day)	2.55 (0.99–6.60)	0.053		
Cyclophosphamide (cumulative dose, mg, / 500mg/month)	2.02 (1.21–3.37)	0.007	1.41 (0.86–2.30)	0.177
Other immunosuppressants* (cDDD/day)	5.62 (0.83–38.14)	0.077		
TNFi (cDDD/day)	0.07 (0.01–0.77)	0.030	0.18 (0.01–2.41)	0.195
Rituximab (cumulative dose, mg, /500mg/6 months)	0.28 (0.04–2.00)	0.204	0.53 (0.09–3.23)	0.493

†Comorbidity and medical utilisation identified within 1 year before index date.

Abbreviations: RA, rheumatoid arthritis; ILD, interstitial lung disease; COPD, chronic obstructive pulmonary disease; DM, diabetes mellitus; NSAID, nonsteroidal anti-inflammatory drug; cumulative defined daily dose; TNFi, tumor necrosis factor inhibitor.

\*Other immunosuppressants: cyclosporin, azathioprine, mycophenolate mofetil, mycophenolic acid