






CLINICAL CASE

Efficacy and safety of dose escalation of tofacitinib in refractory anti-MDA5 antibody-positive dermatomyositis

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ABSTRACT

Anti-melanoma differentiation-associated protein 5 (MDA5) antibody-positive dermatomyositis (MDA5-DM) is frequently complicated with rapidly progressive-interstitial lung disease (RP-ILD). The prognosis of MDA5-DM with RP-ILD is mostly poor despite intensive treatment with a combination of high-dose glucocorticoids and single conventional immunosuppressants. It was reported that the triple therapy (high-dose glucocorticoids, cyclophosphamide and tacrolimus) was more effective than a combination of high-dose glucocorticoids and stepwise addition of immunosuppressants. In addition, the efficacy of tofacitinib 10 mg/day for MDA5-DM with RP-ILD refractory to the triple therapy was suggested. However, the effect of those therapies was evaluated only in comparison to the historical control. Moreover, more importantly, there are still refractory patients even if treated with those therapies. In this case series, we report six MDA5-DM cases with RP-ILD in which the dose of tofacitinib was increased from 10 mg to 20 mg/day due to poor response to the triple therapy, followed by tofacitinib 10 mg/day. Four of six patients improved after dose escalation of tofacitinib, while two non-responders died. All six patients developed at least one infection including five cases of cytomegalovirus reactivation, one pulmonary aspergillosis, one herpes zoster and one herpes simplex keratitis. These cases suggest that the dose escalation of tofacitinib can be an option for MDA5-DM patients refractory to 10 mg/day of tofacitinib and other immunosuppressants although the risk of infection is a concern. The risk–benefit balance of the dose escalation of tofacitinib should be carefully assessed in each case.

INTRODUCTION

Dermatomyositis is an idiopathic inflammatory myopathy that can affect the skin, muscles, joints and lungs. Clinical phenotypes of dermatomyositis differ according to myositis-specific antibodies. Anti-melanoma differentiation-associated protein 5 (MDA5) antibody-positive dermatomyositis (MDA5-DM) is characterised by typical skin lesions. Asian MDA5-DM patients often lack muscle

WHAT IS ALREADY KNOWN ON THIS TOPIC

⇒ There are still refractory patients with anti-melanoma differentiation-associated protein 5 antibody-positive dermatomyositis (MDA5-DM) with rapidly progressive-interstitial lung disease (RP-ILD) even if treated with triple therapy (high-dose glucocorticoids, cyclophosphamide and tacrolimus) and tofacitinib 10 mg/day.

WHAT THIS STUDY ADDS

⇒ We report the largest series of patients with MDA5-DM with RP-ILD treated with tofacitinib 20 mg/day due to inadequate response to previous treatment including triple therapy (high-dose glucocorticoids, cyclophosphamide and tacrolimus) and tofacitinib 10 mg/day.
⇒ Four of six patients improved after the dose escalation of tofacitinib.
⇒ Although all patients developed at least one infection, every infection was controllable.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

⇒ Dose escalation of tofacitinib could be a treatment option for refractory MDA5-DM, considering a risk–benefit balance.

symptoms and frequently present with rapidly progressive-interstitial lung disease (RP-ILD), while non-Asian MDA5-DM patients have more frequent myositis and less frequent RP-ILD than Asian MDA5-DM.^{1–4} The prognosis of MDA5-DM patients with RP-ILD is poorer than those without RP-ILD despite conventional immunosuppressive treatment.⁴ Tsuji *et al* reported that the early use of the triple therapy (high-dose glucocorticoids, cyclophosphamide and calcineurin inhibitor) was more effective than the combination of high-dose glucocorticoids and stepwise addition of immunosuppressants.⁵ Recently, the efficacy of tofacitinib 10 mg/day for MDA5-DM patients refractory to the triple



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therapy has also been reported.^{6–9} However, there are still refractory patients even if treated with those therapies.

Here, we report six cases of MDA5-DM Japanese patients who received an increased dose of tofacitinib of 20 mg/day because of poor response to the triple therapy and tofacitinib 10 mg/day. All surviving patients gave their informed consent before their inclusion in this report.

CASE PRESENTATION

Six MDA5-DM patients were identified and were observed from March 2020 to August 2022. The mean age at diagnosis was 55.5 years old, and three of six cases were females (table 1 and online supplemental figure 1). All patients fulfilled Bohan and Peter's criteria¹⁰ and/or Sontheimer's criteria¹¹ for clinically amyopathic dermatomyositis and presented with RP-ILD. Anti-MDA5 antibody titres at diagnosis were markedly elevated in all patients, and ferritin and Krebs von den Lungen-6 (KL-6) levels were also high in most cases. Before increasing the dose of tofacitinib, all patients received the triple therapy (high-dose glucocorticoids, cyclophosphamide and tacrolimus) and additional tofacitinib 10 mg/day. In addition, four of six patients underwent plasma exchange.

The reasons for increasing the dose of tofacitinib to 20 mg/day were worsening respiratory involvement in five cases and deteriorating skin lesions combined with worsening cough and laboratory parameters in one case.

Clinical conditions and laboratory findings were improved in four cases after the escalation of the dose of tofacitinib, while two cases under mechanical ventilation at the time of the escalation died of worsening RP-ILD. All patients were administered either cotrimoxazole or atovaquone for pneumocystis pneumonia prophylaxis. Cytomegalovirus reactivation was defined as the positivity of the cytomegalovirus antigenemia assay with or without clinical symptoms. Cytomegalovirus reactivation occurred in five cases, and two of five cases experienced the second episodes of cytomegalovirus reactivation after recovery from the first reactivation. Pulmonary aspergillosis and herpes zoster developed in one case each. One patient discontinued tofacitinib 16 months after the escalation of the dose of tofacitinib because of herpes simplex keratitis, and another patient reduced tofacitinib to 10 mg/day 5 months after the escalation because of pulmonary aspergillosis. We intended to taper and discontinue glucocorticoids at first, tacrolimus next and finally tofacitinib. None of the surviving cases relapsed during the observation period.

A clinical course of the representative case (case #4) is shown in figures 1 and 2. A 47-year-old man with no pre-existing medical conditions visited a local physician for a low-grade fever, cough and skin rash on his fingertips and eyelids. Chest X-ray showed trivial ground glass opacity at the base of the bilateral lungs. Dermatomyositis was suspected due to a distinctive skin rash, but watchful waiting was chosen because of the absence of muscle symptoms and normal myogenic enzyme levels.

Two months later, his respiratory condition worsened rapidly, then he was referred to our hospital and urgently hospitalised the same day. He was diagnosed with clinically amyopathic dermatomyositis and associated interstitial lung disease based on the presence of specific skin lesions including Heliotrope's rash, Gottron's and inverse Gottron's sign, and RP-ILD. His anti-MDA5 antibody was found to be positive later, and his diagnosis of MDA5-DM was confirmed. Although he was immediately treated with methylprednisolone pulse therapy, followed by the triple therapy (high-dose prednisolone, cyclophosphamide and tacrolimus), his respiratory condition still worsened. He commenced tofacitinib 10 mg/day in combination with another course of methylprednisolone pulse on day 34 and plasma exchange on day 46. His serum ferritin and KL-6 levels apparently decreased by exchanging his plasma, although proteins contained in plasma are generally removed by plasma exchange and decrease regardless of actual disease improvement. Chest CT findings on day 61 in bilateral lower lobes appeared to be slightly improved compared with the ones on day 46. However, despite those therapies, new ground-glass opacity (GGO) was still emerging in the bilateral upper lobes, accompanied by worsening dyspnoea and PaO₂/FiO₂ ratio. Therefore, we judged that the disease activity as a whole was uncontrolled and decided to increase the dose of tofacitinib from 10 mg/day to 20 mg/day on day 63. After the tofacitinib dose escalation, his respiratory status gradually improved, and GGO markedly decreased. The dose of glucocorticoids was successfully tapered, and he was discharged on day 112. Tofacitinib was discontinued due to herpes simplex keratitis at 16 months. During the 19-month observation period, this case had neither relapse nor severe infection.

DISCUSSION

MDA5-DM is a rare autoimmune disease, and there is no randomised controlled trial regarding MDA5-DM due to its rarity and high mortality. Thus, there is no standard treatment for MDA5-DM at the moment, but some therapeutic strategies have been suggested. In a single-arm prospective study reported by Tsuji *et al*, patients who received the triple therapy including high-dose glucocorticoids, cyclophosphamide and calcineurin inhibitors showed a better survival rate than the plural historical controls who received stepwise addition of immunosuppressants.⁵ Currently, the triple therapy is widely used as first-line therapy for MDA5-DM in Japan. On the other hand, Kurasawa *et al* reported that four of five patients with MDA5-DM refractory to previous therapy including triple therapy improved by administration of tofacitinib 10 mg/day.⁶ Chen *et al* reported in their prospective study that the survival rate was better in patients treated with tofacitinib 10 mg/day than in the historical controls without tofacitinib.¹² Regarding tofacitinib 10 mg/day, several case reports suggest its efficacy for MDA5-DM.^{7–9 13} However, even with additional tofacitinib

Table 1 Patient's characteristics at baseline and clinical course

Case number	1	2	3	4	5	6
Age/Sex	71/F	44/M	58/M	47/M	47/F	66/F
Observation period	48 days	16 months	43 days	19 months	12 months	8 months
Clinical involvement at baseline*						
Skin	+	+	+	+	+	+
Muscle	+	+	-	-	+	-
Joint	-	-	-	+	+	-
Lung (RP-ILD)	+	+	+	+	+	+
Laboratory data (baseline [†] /at the time of TOF dose-escalation/Last observation)						
LDH (124–222 (U/L))	393/288/777	481/293/265	622/338/571	338/320/195	269/342/199	309/486/270
CRP (0.00–0.14 (mg/dL))	0.19/5.32/4.03	2.09/0.03/0.02	6.05/3.91/3.28	0.64/0.05/0.01	1.61/0.01/0.01	0.75/0.32/0.01
Lymphocyte (825–3870 (/ μ L))	186/134/105	680/529/1348	427/312/109	1145/117/570	266/93/231	1165/243/1411
KL-6 (<500 (U/mL))	802/344/1370	416/564/526	1360/573/3242	685/762/399	434/1218/486	1045/1337/923
Ferritin (12.0–60.0 (ng/dL))	1289/493/622	960/2959/134	1185/1592/1643	852/295/20	67/275/67	791/943/55
MDA5 Ab (<32 (index)) [‡]	2050/300/70	2200/2200/31	3700/950/300	6650/900/5	3650/2700/21	3150/1350/30
P/F ratio (mm Hg)	350/220/64	NA/160/NA	76/89/44	384/341/414	NA/NA/NA	NA/NA/NA
Oxygen demand	Room air/mechanical ventilation/mechanical ventilation	Nasal cannula/mechanical therapy/room air	Reservoir mask/mechanical ventilation/high flow ventilation	Nasal cannula/mechanical cannula/nasal cannula	Room air/room air/room air	Room air/room air/room air
No of infiltrated lung field [§]	4/6/6	5/5/0	6/6/6	6/6/0	5/5/0	4/4/0
Treatment before escalation of the dose of TOF	GC, CY, TAC, TOF \S , PE	GC, CY, TAC, TOF \S , PE	GC, CY, TAC, TOF \S , PE	GC, CY, TAC, TOF \S , PE	GC, CY, TAC, TOF \S	GC, CY, TAC, TOF \S
Reasons for escalation of the dose of TOF	Worsening of dyspnoea, decreased P/F ratio, new GGO	Worsening of dyspnoea, decreased P/F ratio, new GGO	Worsening of dyspnoea, decreased P/F ratio, new GGO	Worsening of dyspnoea, decreased P/F ratio, new GGO	Worsening of dyspnoea and myalgia, elevated ferritin	Worsening of coughing and Gottron's papule, elevated ferritin
Start of triple therapy*	Day 1	Day 1	Day 1	Day 1	Day 1	Day 1
Start of TOF 10 mg/day*	Day 14	Day 6	Day 10	Day 34	Day 11	Day 19
TOF escalation*	Day 34	Day 15	Day 17	Day 63	Day 35	Day 45
Clinical outcome	Dead (day 48, Respiratory failure due to RP-ILD)	Improved (dyspnoea, oxygen demanding, CT findings were improved)	Dead (Day 43, Respiratory failure due to RP-ILD)	Improved (dyspnoea, oxygen demanding, CT findings were improved)	Improved (dyspnoea, myalgia, ferritin were improved)	Improved (coughing, Gottron's papule, ferritin were improved)
Discontinuation/reduction of TOF after improvement	NA	None	NA	Discontinued 16 months after escalation (due to infection)	None	Reduced to 10 mg/day 177 days after escalation (due to infection)
Infections	CMV reactivation	CMV reactivation, Herpes zoster	CMV reactivation	Herpes simplex keratitis	CMV reactivation (twice)	CMV reactivation (twice), Pulmonary aspergilloma

*Baseline was defined as the date of starting immunosuppressive treatments for MDA5-DM (=day 1).

[†]Anti-MDA5 antibody was measured by the ELISA.

[‡]Numbers of infiltrated lung fields were scored as the extent of lung lesions. See the study of Kurasawa *et al* for detailed information.⁶

[§]The dose of TOF was 10 mg/day before escalation in all cases.

CMV, cytomegalovirus; CY, cyclophosphamide; F, female; GC, glucocorticoids; GGO, ground-glass opacity; KL-6, Krebs von den Lungen-6; M, male; MDA5, melanoma differentiation-associated protein 5; NA, not applicable; PE, plasma exchange; P/F ratio, PaO₂/FIO₂ ratio; RP-ILD, rapidly progressive interstitial lung disease; TAC, tacrolimus; TOF, tofacitinib.

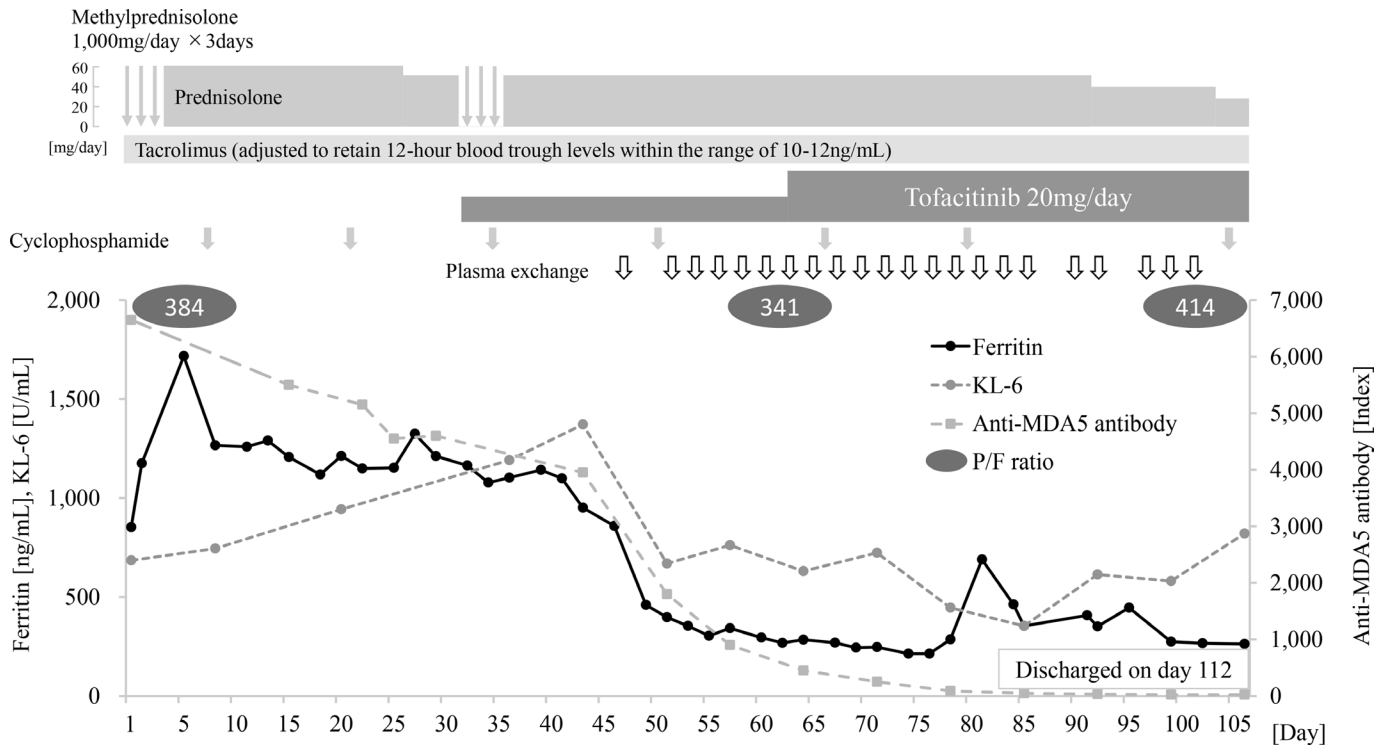


Figure 1 Clinical course of case #4. P/F ratio, PaO₂/FiO₂ ratio, mm Hg; KL-6, Krebs von den Lungen-6; MDA5, melanoma differentiation-associated protein 5.

10 mg/day, there are still refractory cases with worsening RP-ILD. A new option for treatment is required.

Previous clinical trials suggested the dose-dependent efficacy of tofacitinib in patients with ulcerative colitis¹⁴ and rheumatoid arthritis.¹⁵ Based on the result demonstrating a higher remission rate in the 20 mg/day group than in the 10 mg/day group, 20 mg/day of tofacitinib was approved for ulcerative colitis. To the best of our knowledge, this is the first case series of MDA5-DM patients who were refractory to 10 mg/day of tofacitinib and other immunosuppressants and treated with tofacitinib 20 mg/day apart from a single-case report by Ohmura *et al.*¹⁶ The case reported by Ohmura *et al* was a 55-year-old man who had MDA5-DM with RP-ILD. After he did not respond to the triple therapy followed by tofacitinib 10 mg/day, dose-escalation of tofacitinib to 20 mg/day was decided and improved his disease. In our cases, four of six patients

also improved clinically after tofacitinib dose escalation from 10 mg/day to 20 mg/day, which was consistent with previous data showing dose-dependent efficacy in ulcerative colitis and rheumatoid arthritis.^{14 15}

Our experience suggests that 20 mg/day of tofacitinib could be a useful treatment option for MDA5-DM patients with poor response to intensive therapies including 10 mg/day of tofacitinib. On the other hand, attention should be given to an increased infection risk when using 20 mg/day of tofacitinib. While a similar safety profile of tofacitinib 20 mg/day compared with 10 mg/day was reported in patients with ulcerative colitis,^{14 17} tofacitinib showed a dose-dependent risk of total mortality, venous thromboembolism and infection in rheumatoid arthritis.^{18 19} As a result, tofacitinib 20 mg/day was approved for ulcerative colitis but not for rheumatoid arthritis. In addition to the above, concomitant use of high-dose glucocorticoids and multiple immunosuppressants is

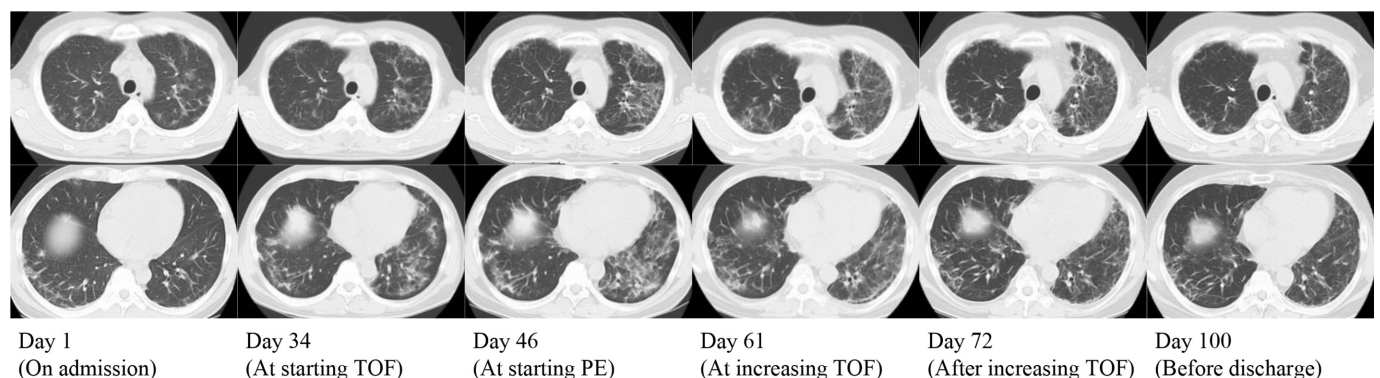


Figure 2 Changes in chest CT findings of case #4. PE, plasma exchange; TOF, tofacitinib.

assumed when using 20 mg/day of tofacitinib for MDA5-DM patients. Indeed, five of our six cases developed cytomegalovirus infection including two cases of recurrent infection. Of the six patients, one herpes simplex keratitis, one pulmonary aspergillosis and one herpes zoster also occurred. All infections observed in our cohort responded well to treatments, and no cases developed serious outcomes.

Additionally, more caution is warranted regarding drug interactions with CYP3A4 inhibitors like tacrolimus and cyclosporine when the dose of tofacitinib is escalated. The trough levels of those immunosuppressants should be monitored to avoid side effects, especially when administered with 20 mg/day of tofacitinib.

Several studies have reported poor prognostic factors in MDA5-DM.^{4,20} In this case series, all six patients had multiple risk factors (RP-ILD, lymphopenia, elevated ferritin). Thus, our experience should imply that the dose escalation of tofacitinib was effective for refractory MDA5-DM patients even with multiple risk factors. On the other hand, two fatal cases were already under mechanical ventilation at the time of tofacitinib dose escalation. It might be difficult to save a case whose pulmonary involvement has already severely progressed, even with any intensive therapies including tofacitinib 20 mg/day.

Many limitations exist due to the nature of the case series; however, our experience suggests that dose escalation of tofacitinib could be an option for refractory MDA5-DM patients to 10 mg/day of tofacitinib and other intensive therapies like the triple therapy. An increased risk of infection is a concern, and a risk–benefit balance of the dose escalation should be carefully assessed in each case.

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