

Characteristics of the study sample and general Dutch population.

Characteristics	Study population	General Dutch population
Age: years; mean (SD) [range]	53.65 (16.23) [18 -100]	48.31
Gender	n (%)	
women	4767 (54)	50%
Education	n (%)	
primary school or no education	420 (4.83)	30.49%
lower professional education	1171 (13.46)	
middle or secondary professional education	2782 (31.99)	21.59%
secondary education	964 (11.08)	38.11%
university education	3360 (38.63)	
Origin	n (%)	
western	8332 (94.70)	89%
1 st generation non- western	251 (2.85)	n/a
2 nd generation non- western	215 (2.44)	n/a
BMI	n (%)	
underweight (<18.5)	107 (1.25)	1.65%
normal (18.5-24.99)	4390 (51.27)	49.37%
overweight (25.0- 29.99)	3088 (36.06)	36.76%
obese (≥30)	978 (11.42)	12.22

Reference: CBS. Nederlanders naar opleidingsrichting, opleidingsniveau, leeftijd en geslacht. 2008.